ABSTRACT
This research addresses the development of green environment through lean principles in an Indian garment export industry. Garment industries are thought to have a collective impact on environmental issues, they lack behind in larger area in terms of environmental activeness and performance. To meet with the challenges of business environment Company strive to rearrange their production by implementing Lean and green environment. In specific, this research addresses the development of green and Lean in a garment industry. The objective is to explore the link between the Lean and green performance relationship and by evolving and testing various strategies to eliminate waste. This paper briefly describes the application of 5s, Value Stream Mapping (VSM) and Single Minute Exchange of Die (SMED). Existing state of VSM were efficiently constructed in future state VSM to improve the production process by identifying waste and its causes. This also describes how environmental performances are improved by eliminating the wastes. Adoption of lean has lowered the marginal cost of pollution reduction. It is made clear that lean is associated with greater source reduction (pollution prevention). Finally we say that lean is associated with lower emissions. We conclude that more on establishment engages in lean, the lower will be its emissions, in other words; Lean is green.

Keywords: lean, green environment, garment industries, value stream mapping.

1. INTRODUCTION
In 1980s, the industry was led by fashion and retailing and the emphasis was on technologies in the demand-related parts of the supply chain. India ranks among the top target countries for any company sourcing textiles and apparel. Indeed, apart from China, no other country can match the size, spread, depth, and competitiveness of the Indian textile and apparel industry. Moreover, the global elimination of quotas at the end of 2004 has greatly enhanced the opportunities for sourcing from India. India supplies over US$13 billion worth of textiles and apparel to the world markets. And exports are growing rapidly as more and more buyers around the world turn to India as an alternative to China. In 2005 - spurred by the global elimination of quotas - shipments to the EU soared by 30% and those to the USA shot up by 34%. These increases are remarkable, given that EU imports from all sources rose by only 8% while US import growth was just 6%.

Consumer spending is slowing down all over the world. Retailers are looking for real innovation from their suppliers. They want really new garments made from new fabrics and yarns. They want new services to offer their customers. Competition in the late 1990s will be based on the capabilities and core competences of textile and clothing companies and on the building of long-term supply relationships. There are many opportunities to be addressed. Textile and clothing machinery will continue to be improved but the most interesting technologies for the 2000s are in the areas of fibers, fabrics, measurement, control and multimedia. We can say a garment industry is an independent industry from the basic requirement of raw material to final products, with huge value addition at every stage of processing, Apparel industry is largest foreign exchange earning sector contributing 15% of the total country export.

In this scenario, the Indian garment industries have witnessed substantial improvements in recent years. But the unnecessary capital investment is not going to solve the problem entirely; moderately this will turn out the waste in long run. The implementation of lean manufacturing is greatly recommended, in order to identify the waste and to eliminate them. At the same time garment industries will have lot of environmental issues. Therefore it requires assistance to reduce the emissions. A number of authors have professed that the adoption of lean can directly improve the public good by improving the environmental performance of the adopting firms (1, 2). Many empirical evidence of the link between lean practice and environmental performance is sparse (3). A few studies are there to demonstrate a possible association between these two (4). This paper addresses the development of Lean practices to eliminate NVA and how it reduces the pollution and barriers to implementing pollution reducing measures. We propose that Lean will get green because they are complements.

2. REVIEW OF LITERATURE
In recent years, many literatures have extensively documented the implementation of lean manufacturing, in various manufacturing sectors. Lean production is a conceptual frame work popularized in many western industrial companies since the early 1990’s. Initially, the publication of the book “The Machine that Changed the World” [1] (Womack, J.P., Ross, D. and Jones, D.T.) started diffusion of some lean manufacturing practices developed by the most competitive auto manufactures in the world.
The interest on lean production is mostly based on empirical evidence that it improves the company’s competitiveness [2, 3, 4]. Lean manufacturing is most frequently associated with elimination of seven wastes [1]. The purpose of implementing it is to increase productivity, reduce lead time and cost, and improve quality [5]. Though many literatures on lean implementation are comprehensively available, but very few have addressed the green garment industry [6]. The pressure placed on firms in the garment industry from international competition has been enormous. The increase in competition has led to an increased focus on customer satisfaction as a survival of the company in the long run.” The garment industry has opportunities to improve, but requires some changes. Under the highly competitive environment, the garment industry has numerous opportunities for improvement using lean principles [1]. Lean practices and green can fulfill the customer demands with high quality and services at right time. Now, many countries have started to practice lean tools in the garment industry and observed tremendous improvement. In addition to this lean production involves, motivates and develops employee skills through education and multi-skilling program.

According to Farhana Ferdousi and Amir Ahmed 2009, [7] the companies that adopt lean manufacturing as a working philosophy within their organizations can make significant improvement in terms of their operational performance even if it is in a modified format that best suits their particular business culture. To implement lean thinking in any organization the first step is to identify the value stream map. [3, 8] said that, Value Stream Mapping is a functional method aimed at recognizing production systems with lean vision. Mc. Donald et al., [9] applied VSM in a manufacturing plant. VSM has been applied in variety of industries. In this paper we also describe an application of VSM in order to identify the various forms of waste in garment shop floor. Work process across the value stream should be emphasized in lean manufacturing process should be performed with a minimum of Non Value Added Activities (NVAA) in order to reduce waiting time, queuing time, moving time, setup time and other delays [16]. In this research the authors have successfully applied 5S, VSM and SMED. In the previous years there were many illustrations on application of 5S, VSM and SMED tools in various manufacturing industries, but rarely addressed the application of lean manufacturing in garment industry.

3. PROBLEM STATEMENT

In general, the key activities usually practiced in every garment industry shop floor include: After receiving an order from the customer, the design is made and it is marked in the marker sheet.

- After procuring the raw material of the desired quality, the pieces were cut in to size.
- Thereafter, the various processes were carried out.
- In addition inspection is carried out to ascertain the desired quality.
- Finally, finishing and cleaning operations are performed to complete the process. The finished component is then sent to the customer.

Basically the transportation section has various problems such as

- Weight carried by a worker was too heavy
- Distance between each floor was more
- Time taken for transportation was high
- Increased delay time.

On Environmental aspect it is necessary to reduce

- solid waste generation,
- energy saving and
- other hazardous chemicals (detergents etc)

In order to avoid all these NVAA the company decided to implement Lean concepts, so that overall performance will be increased with green.

4. CASE STUDY

The case study considered in this research is one of the leading garment industries in India. The face of the industry was not publicized; but, we shall after refer to the industry as G.L. fashions. The organization has 14 branches. This industry produces various types of inner garments to European and American continents. The annual turnover of this industry was US $ 18 million. In most of the branches, the company was facing severe pressures, both externally and internally, to improve the performance of production flow line. The industry has made huge capital investments to take initiatives in expansions, modernizations etc. The company management has endeavored to implement 5S+ safety and total productive maintenance; but those results may not significant compared to the investments made. The activities performed in a company can be simply categorized as Value Added Activities (VAA), Non Value Added Activities (NVAA), necessary but Non Value Added Activities (NVNVA).

After extreme brain storming and a thorough study of the shop floor, it was found that the material flow line contains various forms of Non Value Added Activities as follows:

a) Distance between the material floor and shop floor was high.
b) Floors needed to be converted as sections.
c) Change of machine setup time between styles needs to be reduced.

Certainly, all of these above factors lead to low production rate and high setup time with environmental impacts. In the existing state the average production rate was 70 products per hour and setup time was 28 minutes.
In the coming section, the lean principles are implemented on the garment shop floor.

Can lean be green?

Empirical support that lean is green. Adoption of ISO 9000 is important step toward lean concept.

- Less waste (over production, over processing, waiting, transportation)
- Low inventory levels
- Likely to adopt ISO 14000

The above figure clearly indicates that lean implementation will lead to minimum inventory, less usage of raw materials less WIP, with zero defects and reduced waste. The more an establishment engages in lean production, the lower will be its emission.

5. IMPLEMENTATION

Firstly 5s was implemented to have a clean environment. Here we have managed to save a huge amount of money by introducing a single concept of wearing shoe made of canvas material on the production floor. To clean the shop floor area we need minimum of 6 housekeeping employees to ensure that the plant is clean. The cost of housekeeping for the shop floor at present as

Salary for 1 cleaner = Rs 4100.00
Salary for 6 cleaners (50,000 staff) = Rs 24,600/month
= 24600x12 = Rs 2, 95,200.00/-

After going through the 5s concept, there was change in the process of housekeeping for the shop floor. The plant decided to purchase and give shoe’s to everybody and developed the habit of cleaning their working area by themselves. This change in process also incurred some onetime cost.

Cost of brooms and other items = Rs 11,000/-
Cost of shoe (600 x 70) = Rs 42,000/-
Cost to make storage rack = Rs 20,000/-
One time cost = Rs 73,000/-

Later we had only one cleaner just to do supervise the cleanliness. He was paid Rs 4000/month. For one year he will be paid-Rs 48,000/- only.

Cost saved per year for housekeeping alone = (2, 95,200.00 – 48,000.00) = Rs 2, 47,200/-.

5.1 Select the process to be mapped

The process that we had selected for mapping was manufacturing. In this sector we focused to improve the production rate of the production line and to reduce the fatigue of the worker and to reduce environmental issues. We mapped the processes from releasing of raw material to finished goods. We studied about the flow of materials between various floors, energy consumption, and scrap elimination.

5.2 Collection of data and mapping of existing state

The second step was collecting all the data’s from the various floors and to draw the existing state map. We collected the time taken for transfer of raw materials from cutting floor to production floor and for doing operations.

5.2.1 Existing state map

As shown in the given Figure, the existing state map, states how the process takes place in the shop floor currently. The design of the product is issued by the design engineer to the cutting floor. In cutting floor the various designs were received and issued to the various operators to cut the raw material. After finishing the cutting process the material release order is issued by the production manager. Then the material is transferred to the production floor.

Figure-1. Existing state map.
5.2.2 Flow of material from cutting floor to production floor

Materials were transferred from cutting floor to production floor by using trolley. For single shift of trolley 6 boxes of materials were transferred. Every box contains 100 pieces, so per shift of transfer of materials by using trolley was 6 box every box contains 100 pieces. 600 pieces was transferred per shift. The weight of material that was packed per box was 3.2 kg. The total weight of load in trolley was 19.2 kg (for 6 boxes). The time taken for loading materials per box was 36 seconds. Time taken for exchange of box was 3 seconds. For loading of materials in trolley the total time taken was 3 minutes and 54 seconds. The distance from cutting floor to production floor was measured as 68 feet.

The time taken for travelling 68 feet with load by the trolley was 72 seconds. For unloading of materials from the box was 36 seconds per box. Time for exchange of box was 3 seconds. The return time from production floor to cutting floor was 58 seconds without load. Total time taken for transfer of materials per shift of trolley was 9 minutes and 58 seconds. Production rate of the company was 70 products per hour. Total number of products produced per shift was 19600. Two shifts running per day. Total number products produced per day were 39200. Totally 5 workers required per shift for transfer of materials from cutting floor to production floor.

5.3 Analyze the existing state

The third step for implementation of Value Stream Mapping was analyzing the existing state map. We analyzed thoroughly to find out the various Non Value Added Activities of the existing state map. The time taken for transfer of materials from cutting floor to production floor and from production floor to packing floor was high. The workers were stressed heavily by transferring more loads. The production rate was very low. More machines were set to idle due to the unavailability of the raw material. This is due to the distance from cutting floor to production floor. Rework of the product was difficult, because after inspection the product which has defect was resend to the production floor. This will take more time. If a problem occurred in a single machine the production time was affected.

5.4 Mapping and implementation of future state

We mapped the future state in order to avoid the Non Value Added Activities of the existing state map that we had analyzed in the third step. We hardly concentrate to reduce the time taken to transfer of materials from cutting floor to the production floor. Avoid the fatigue of the workers. Improve the production rate. Reduce machine break downs. Improve the rework process and to reduce the time taken for rework. Avoid the machine idleness. We constructed the future state map by integrating all the floors as a single floor. This single floor contains various sections. Those section were,

- Cutting section.
- Production section.
- Inspection section.
- Packing section.

5.4.1 Transfer of materials in future state map

As shown in the future state map Figure below, the input is raw material and the output is finished product (packed one).
Since the floors were avoided, the distance between the cutting section and production section was reduced to 10 feet. The team leader itself transfer the material from cutting section to production section, so separate worker was not required. The material was transferred by box only not the trolley so human fatigue was reduced. Time taken for loading and unloading of products was calculated as 36*2=72 seconds. Travelling time for 10 feet with load was 10 seconds. Total time taken=36*2+10=82 seconds. Time taken for transfer of 100 pieces of material was 82 seconds.

5.4.2 Production section in future state map

In Figure-4, arrangement of machines in groups was eliminated and separate teams were formed. Every team was organized by a team leader and the team had 12 other workers. Since the machines were arranged as sequence of operation the transfer of materials was easy and time required for transfer of materials in the production section was reduced.

As the material was transferred between the machines in the production section, the weight carried by a worker between the groups was avoided, which reduces human fatigue. The inspection and packing section were integrated within the module, so the time taken for transfer of material to the packing floor was avoided.

5.5 Non value added activities

In the existing state map the time taken to transfer of 100 pieces = 598 / 6 = 99.7 seconds say 100 seconds. In future state map the time taken to transfer of 100 pieces was 82 seconds. Time saved after implementation of future state map was 100-82=18 seconds per 100 pieces. Time saved per shift = 18*196=3528 seconds = 58 minutes and 48 seconds. Since load carrying capacity and distance were reduced which leads to reduction of human fatigue.

By eliminating non value added activities, which also resulted in green benefits, such as

- Reduced inventory resulted in less chemical Storage - less hazardous waste.
- Reduced transportation resulted in less fuel consumption - reduced air emission.
- Improved production process resulted in reducing energy consumption.
- Reduced solid waste resulted as in recycling the garments scrap.

By implementing lean company may lesson its impact on the environmental as a by product.
5.6 SMED

After implementing VSM, the machines were arranged as per the sequence of operations. In the existing state the time required for change of setup from one style to another was 28 minutes. SMED was implemented by the following steps; the sequence of operations performed on the future style was derived. After completion of first operation in the existing style, the first machine of the existing style was replaced by the first machine of the future style. The time required for this process was 49 seconds. The same procedure was followed for the next 9 operations. So the total time required for change of setup from existing style to future style was 8 minutes and 10 seconds.

6. RESULTS AND DISCUSSIONS

After implementing lean tools, various waste reductions in material transfer were achieved in different sections on the shop floor. The production rate also increased reasonably. Those reductions are given below.

- Time taken to transfer 100 pieces was 100 seconds. After Implementation it took only 82 seconds for 100 pieces.
- 100-82 = 18 seconds. Therefore Percentage reduction of material transfer is 18.

- The Travelling distance from cutting floor to production floor was 68 feet. After implementation the distance was reduced to 10 feet. Therefore reduction of distance from cutting floor to production floor is 85.3%.

- The Travelling distance from production floor to inspection floor was 40 feet. After implementation the distance was reduced to 1 foot. Therefore reduction of distance from production floor to inspection floor is 97.5%.

- The Travelling distance from inspection floor to packing floor was 10 feet. After implementation the distance was reduced to 1 foot. Therefore reduction of distance from inspection floor to packing floor is 90%.
The load carrying capacity was 19.2 kg. After implementation the capacity was reduced to 4 kg. Therefore the load carrying capacity is reduced to 79.17%.

At the earlier stage the production rate was 19600 pieces / shift. After implementation the production rate was increased as 27440 piece / shift. Therefore 40.0% of production rate is increased.

In the existing state the time required for change of setup from one style to another was 28 minutes. Later it was reduced to 8 min 10 sec. Therefore the setup time percentage is reduced to 70.84.

7. CONCLUSIONS
Finally, this research has the proof of advantages when applying lean principles to the garment shop floor. According to our familiarity, it is the prime time that lean thinking has successfully implemented in the garment shop floor. We hope that this paper contains its worth for practitioners in the garment industries.

Due to increased customer expectations and severe global competition, the Indian garment industries try to increase productivity at lower cost and to produce with best product and service quality. Under these considerations, the authors have implemented lean manufacturing techniques and achieved improvement in process environment, drastic reduction in human fatigue and cost with reasonable investment. In this paper, the effectiveness of lean principles is substantiated in systematic manner with the help of various tools, such as 5S, Value Stream Maps and SMED. We also propose that lean production is complementary to environmental performance. Adoption of lean may lower the marginal cost of pollution reduction. It is clear that lean is associated with greater source reduction (pollution prevention). Finally we say that lean is associated with lower emissions. So we say it as lean is green. Even though, the complete success of the application of lean thinking in the extensive run depends on close understanding between the management and shop floor personnel. Effective management information systems are required for instilling proper organizational values and continuous improvement programs. If these management principles are fully integrated with shop floor principles, then lean systems can be achieved with green. We suggest that technological experience (lean production and source reduction) may allow the firm to move in surprisingly different performance domains (quality improvement and environmental performance).

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